



## AT A GLANCE

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## Valuing Others

November 2012 Newsletter

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What is it about human nature that we can be quick to criticize and find fault with what others do? It seems to happen in a variety of situations. The mechanic estimates that your car will be repaired in two hours, but you're still waiting a day later; a co-worker forgets an important deadline; a student continues to show antagonism toward others.

On the other hand, how often do we show appreciation for what others have done? The efforts of many people are taken for granted when people do their jobs with ease and professionalism. Colleagues often take on extra assignments without expecting anything in return. Many students will put in extra effort to help a peer in class, without expecting recognition for their actions.

Take a moment and think of the many people in your child's life who recognize his strengths and gifts, and are committed to providing endless opportunities for him to demonstrate his abilities and achieve his dreams. When is the last time you said "thank you," gave someone a pat on the back, or shared how you value their efforts? Being appreciated by others is energizing, and it also increases the likelihood that the people working with your child will invest more in him and in his work. There are a variety of ideas to say thank you to educators on my [Pinterest](#) site on the [Teachers' gifts board](#).

Think about coworkers who are always ready to lend a hand and provide encouragement. What are some small but meaningful ways you can thank them? As educators, how often do we recognize when a student has tried hard, learned a new skill, or shown kindness to others?

But what does it take to show appreciation? Sincerity and focusing on the individual; and recognizing that a "one-size fits all" thank you is not the best we can do! The more you know about a person the more you can personalize your appreciation. Become more observant and notice what the person enjoys doing in her free time; listen closely when she speaks to learn what's important to her. This type of information will allow you truly show your gratitude for the unique traits of the individual.

Appreciation is a form of valuing others. What will you do today to show others that you value them?

Identify your vision: [Focus on the things you do appreciate.](#)

Use your voice: [Ask yourself, how do I show appreciation in my daily life?](#)

Work together: [Show appreciation on a regular basis for "little" things instead of waiting for something "major."](#)

Take an action step now and email this newsletter to others!

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## Resources



Looking for ideas to thank educators in your child's life? I have created a board, [Teachers' Gifts](#) on my [Pinterest](#) site. [Click here](#) to see these ideas that can easily be adapted for other important people you want to thank.



## Websites



Here is an inspiring video, [Gratitude is...](#) Set aside four minutes to watch and then share it with others. [Click here](#) to see it.

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Please let me know if you're interested in one of my presentations and/or customized consulting and coaching.

Remember, what we anticipate, determines what we find!

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As a parent and an educator, I bring 35+ years of experience and enthusiasm to create positive change for students, families, and educators!

How may I support you? Click the links below to learn more.

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Would you love to have an easy to read, magazine-like format blog to read?

Some of the articles are written by me and others are scooped from a variety of sites. Go to [Beyond Special Education](#), then click on the blue Follow button in the right hand corner.

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