

Vision Building

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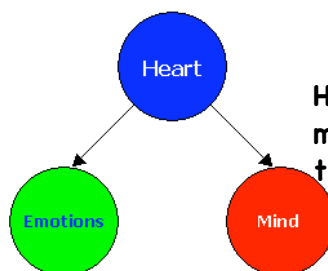
Having a vision for the life of a person with a disability is really about claiming the right to ordinary dreams...and believing that they can happen.

Wendy Stroeve (2007)

Your vision is meant to inspire, energize, motivate, and stimulate your creativity so your child will have a rich, fulfilling life!



Use pictures and words to describe your vision. Cut out photos from magazines, draw your own pictures, or use clip art from the internet. Let the pictures help describe your vision.



Have the vision appeal to the mind and emotions. This will light the sparks of creativity.

To create a vision you need logic and imagination. See the quotation below, Einstein said it best...



Vision has said to be the art of seeing the invisible. Vision is *insight*. Vision is a concept that materializes through creative work.

Logic will get you from A to B.
Imagination
will take you everywhere.
-Albert Einstein



What is your child's vision as to where they will live, what they will do with friends, what passions will they develop? Describe it in detail to build a complete and powerful mental image.



The purpose of your vision is to open your eyes and the eyes of others to what is possible.

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It can be helpful to set short term and long term goals. The following tool is an example of what an individual could use to assist them in reaching their vision.

	This Week	This Month	This Year	Five Years From Now	Ten Years From Now	Always
What I want to know how to do						
What I want to do with friends						
Where I want to live						
How I want to earn money						
What I want to do with family members						
How I will have fun and enjoy life						
How I will be involved in my community						
How I will grow spiritually						

Adapted from Harvey Jackins work in *The Human Situation*, 1973.